



Download the Healow APP today

- Download the Healow app from your smartphone app store.
- Use your portal username and password to register and create an easy-to-use code. If asked, our practice code is **HEDCAA**.

Features:

- Check your medication list. Set alarms to remind you to take your medication.
- Goals and trackers for weight and exercise.
- Appointment reminders.
- Send and receive messages to and from your doctor or nurse practitioner.
- View lab and test results.
- You can link additional family members, and other specialists portals that support Healow.

If you have any issue with downloading the app or with any of its features, please contact the office and we will assist you.